



Stella Frances
YOUR HAPPINESS MENTOR

THE PASSPORT

Access Your Best Life

**Get crystal clear on what you want out of life
and learn the tools to get you there.**

StellaFrances.com

THE PASSPORT

Access Your Best Life

LEARN HOW TO LIVE THE LIFE YOU'VE ALWAYS WANTED BUT WASN'T SURE HOW TO GET.

**A 90-DAY JOURNEY INTO LIFE MASTERY
WITH STELLA FRANCES**

I believe that to access your Best Life you must be the CEO of your Life and make executive decisions that take you to your next level of lasting happiness and success.

Welcome to **THE PASSPORT Access Your Best Life** A Life Mastery Course of Action. If you would like to eliminate self-doubt, self-sabotage, self-imposed limitations and make your dream your life, **THE PASSPORT Access Your Best Life** is PERFECT for you.

THE PASSPORT Access Your Best Life! program is a step-by-step proven system that helps you get crystal clear on what you want and gives you the tools and strategies you need to make it happen.

THE PASSPORT is for you...

- ✓ If it feels like something is missing where you are in your life right now
- ✓ If you're ready for change but you're not sure which direction to choose from
- ✓ If you're ready for a new destination and looking for the support, you need for smooth sailing all the way through it.

Your capacity of creating your IDEAL life is unlimited. **THE PASSPORT Access Your Best Life** will show you how to create the change you dream about.

THE PASSPORT is a life operating system that when followed you can create success in all areas of your life. What has made this system so successful is the simplicity and easiness to understand and implement the lessons. Many people from all different backgrounds have seen amazing results and experienced real-life transformation.

Continue reading to discover specifically what you will learn from **THE PASSPORT** results producing proven system together with my mentoring and support on your journey to transformation.

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Access Your Best Life

DISCOVER – CREATE – MAINTAIN

3 Steps To Living The Life You've Always Wanted

MODULE 1: Have A Clear Vision Of Your Future.

Purpose + Vision + Intention = SUCCESS. Know where you want to be in the future. Living life with purpose and intent is super awesome and totally rewarding. We, as human beings have a purpose in life. Vision is all about purposeful living and we are designed for greatness.



When you decide what it is you want to be, do, have, or give, heaven and earth conspire to help you create the quality of life you dream about.

Learn How To:

- ♣ Identify your life purpose.
- ♣ Define your life purpose statement.
- ♣ Discover and design your vision.
- ♣ Connect with your true self.
- ♣ Focus on your core genius.
- ♣ Live by your values.

MODULE 2. The Mystery of the Success Mindset

Henry Ford said, "Whether you think you can or think you can't, you're right."

Have you ever noticed how some people just seem to skate right through life's challenges or the difficult moment a day can bring while others seem to struggle endlessly? People, with a success mindset, look at the possibilities in life and they focus on what they can do instead of their challenges or conditions. The good news is that a success mindset can be developed.

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Learn How To:



- ♣ Create a success mindset by filling your mind with positive reinforcement and self-talk.
- ♣ Eliminate negative thoughts as soon as you recognize you are having them.
- ♣ Develop the ability to focus and concentrate on the outcome to be successful.
- ♣ Look at challenges as learning experiences on your road to success.
- ♣ Take advantage of opportunities when you see them. Or create your own opportunities.

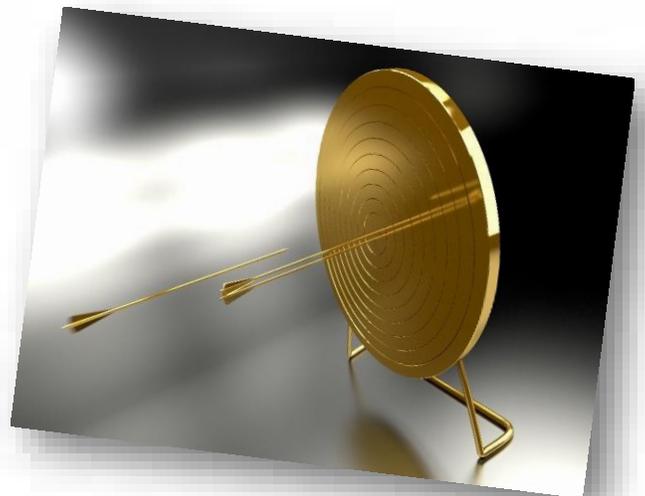
- ♣ Change your thinking by creating and practicing powerful personal affirmations.

MODULE 3. The Art of Setting & Achieving Goals

Clearly define what success means to you. Then take action on achieving that success. Goals are the keys to success. Writing your goals down and actively pursuing them with thought and zeal, is the simplest way to propel yourself towards success. Reach enough of your goals and success won't just be a dream, but a reality.

Learn How To:

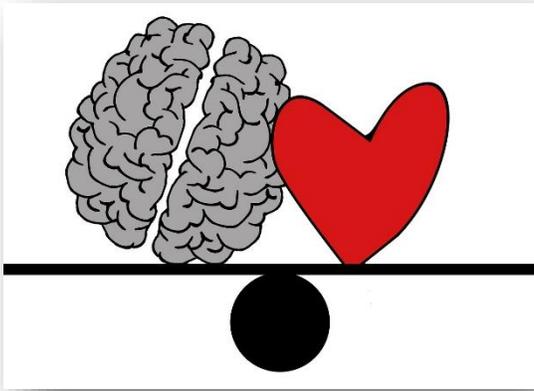
- ♣ Blueprint Your Life Balance.
- ♣ Put your thoughts into action for maximum success.
- ♣ Set your goals and what setting intention has to do with reaching them.
- ♣ Take small steps toward your goals each day to reach success.
- ♣ Take calculated risks and some leaps of faith to reach your goals.



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MODULE 4. The Bridge - Reinventing Yourself As You're Building Your Vision.

According to Zig Ziglar, the foundation stones for a balanced success are honesty, character, integrity, faith, love, and loyalty.



You don't have to live with what you are given. You can Change it. Successful people create systems to keep themselves on track and surround themselves with people who complement their talents, skills, and knowledge.

This part of the program will help you assess what you're putting up with, figure out what to let go of and who you will decide to be in your A-Team.

Learn How To:

- ♣ Understand and believe in yourself.
- ♣ Take 100% responsibility for your life. Be in control of your life.
- ♣ Become more decisive.
- ♣ Learn how to ask for needed resources.
- ♣ Avoid the negative thinkers from your life.
- ♣ Associate with like-minded people.
- ♣ Develop key-habits for continuing success.

MODULE 5. Leaving Fear Behind and Moving Forward

"I've failed over and over and over again in my life and that is why I succeed."

Michael Jordan

Fear is among the basic reasons that most people hold back on living the life of their dreams. Fear is strong enough to paralyze most of us – whether the things we fear are true or imagined.

Part of success is learning from your failures and using them to grow. Don't be afraid to fail. Fear is a constant companion if you're attempting to grow and achieve.



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Learning to push beyond fear is a valuable skill that greatly increases your odds of success.

The most successful people are often those that manage fear most effectively and Focus on what good can happen instead.

Learn How To:

- ♣ Stop worrying. Worrying is a form of fear, sabotaging your success.
- ♣ Overcome fear of failure, fear of success and any other flavor of fear.
- ♣ Stop sabotaging your happiness and success.
- ♣ Eliminate your self-defeating behaviors.
- ♣ Build your skills, knowledge and self-worth.

MODULE 6. The Keys to Success - Get Set for Success

Accomplish results through beating procrastination, prioritizing, leveraging time and a peaceful state of mind even when under stress.

The pace and intensity of our lives, both at work and at home, leave several of us feeling like a person riding a frantically galloping horse. Too much to do and not enough time.

However, if we approach our days in another way, we can consciously change this out-of-control pattern. Learn the vital tools that will get you there.

Learn How To:

- ♣ Protect and manage your time. Plan your day, week, month, before it begins.
- ♣ Implement the keys of effective planning.
- ♣ Make accurate decisions based on facts, not emotions or assumptions.
- ♣ Use your imagination every day to solve problems and challenges.
- ♣ Keep growing, learning new skills, and building confidence.
- ♣ Reach your goals faster with the help of a mentor.



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MODULE 7. Gratitude. The Power of Appreciation

People often think an attitude of gratitude will come from having some great luck or fortune. Of course, it could feel great to win the lottery, and have great friends, lots of money, houses, travel, etc. - these are all good things, but not enough by themselves.



The right frame of mind is necessary to fully enjoy life. One must practice the attitude of gratitude and appreciation.

In this module not only, you will make appreciation your favorite habit, but you will also begin to see how blessed you are, even at times when it may not feel like so.

Learn How To:

- ♣ Abundance is our natural state of being waiting for our feeling of gratitude.
- ♣ Reduce your self-perceived limitations to increase the joy of your experiences.
- ♣ Tap into the liberating power of uncommon appreciation.
- ♣ Create a deeper connection with the energy of the Divine.

Imagine for a moment. What would your current reality feel like if all of the above were to be accomplished?

THE PASSPORT Access Your Best Life FROM STUCKNESS TO HAPPINESS

What does it mean to live your best life? It means to live up to your potential and what that really means is to do the things you dream to do one day, now, today, instead of putting them off for some time in the future. Live authentically.

Take action now, today and move forward faster in the direction of your dreams. Getting you from where you are to where you want to be is what Stella's coaching is all about. Contact Stella to find out how she can support you arrive at your destination.

THE PASSPORT

Let Go and Let's Go!



**Register Today
For Your
Complimentary
Discovery
Session**

By the end of the 90-Days with **THE PASSPORT Access Your Best Life!** program you will **have a clear vision** for the life you would love to create **and know the proven strategies** for how to bring it into form faster.

Let go of the ropes that hold you back. Raise your sails. Adjust them to the wind and together let's take a journey. And during this amazing journey there is an opportunity should you choose to take it, to discover your dream and believe that you can make it come true. I believe you can.

I have seen enormous growth in people who have committed to the steps in this program. Choose to decide not to waste any more time putting off your heart's desires. If you want clarity and guidance as you step into your wholeness, let's work together. If you're ready to transform the blahs into "A-has!" - let's talk!

To get started right now, simply click on the Complimentary Discovery Session link below and sign up for a no obligation totally free 30-min call. Or send me an email at Stella@StellaFrances.com

Complimentary Discovery Session

Choose to "break free of the 'daily-grind' and enjoy this "adventure called life as much as you possibly can!" I am very excited about this program and would love to work with you.

Dedicated to your Lasting Happiness!

Stella ♡

P.S. ...so come along, try it on, test it out, and see for yourself!